

HORSEPOWER Volunteer FAQs

Who Volunteers?

People from all walks of life become HORSEPOWER volunteers. Moms, dads, teens, retired people, people with horse backgrounds or people without – anyone with a little time and a desire to become a part of our family are all welcome. Come join us and learn about horses, help people with disabilities, give to your community and make new friends along the way!

What's In It For Me?

We hope that everyone who volunteers gets something positive out of their experience. Here are a few benefits our volunteers have shared with us.

- Learning the value of helping others.
- Developing a sense of civic responsibility and awareness of our community's needs.
- Feeling of self worth and inflated self-esteem by accomplishing something worthwhile.
- Building and improving "team work" skills.
- Enhancing social, communication, and physical skills.
- Developing problem-solving skills.
- Enhancing awareness of diversity and developing mutual respect.
- Building leadership skills.
- Enjoying the great outdoors.
- Experiences with horses provide therapeutic benefits to all involved

How do I get started?

It's easy! If you would like to become involved please contact HORSEPOWER through our [Contact Us form](#) or 336-931-1424 for more information, class schedules and opportunities.

As a volunteer you will attend an orientation and training (for sidewalkers & leaders) and then sign up for the class time that best suits your schedule. You can also visit the [Events Calendar](#) on this website to find out about upcoming special events. Still not sure? We welcome any visitors to come out and experience first-hand the smiling faces of children sitting atop the world on a big gentle horse!